

# **POL300Y-Modern Greek Culture: People, Tradition, Language and Cuisine**

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Office in Greece: TBA (upon arrival in Greece)

## **1. Course Description**

Greek civilization has influenced the world since the ancient times. Starting from their remarkable contributions in fields such as philosophy, science, architecture, history, music, literature and politics, Greeks continue to impact our everyday lives through their unique language and rich culture. It is impossible to celebrate the values of democracy, to sense the Olympic games spirit, to enjoy the flavours and nutrients of Mediterranean cuisine or to feel the magic of music and theatre, without revealing their Greek connections. This course is intended for anyone who wishes to explore Modern Greek culture both in the context of the Mediterranean and European regions and with reference to the continuing Greek contributions to world civilization. Important aspects of the contemporary Greek culture and values will be examined along with elements of the Greek language, literature, food, and arts. Students will experience living in glorious Athens, a European megalopolis surrounded by significant monuments and museums. They will also travel to famous destinations of mainland Greece and the Peloponnese, including Nafplio, Kalamata, Pylos, and Delphi. The course is taught in English without any Greek language requirements.

## **2. Objectives and Learning Outcomes**

The main objective of the course is to familiarize students with modern Greece and its culture, the people, their language, values, and traditions. Through lectures, readings, interaction with distinguished Greek professionals and educational excursions to sites of historical and cultural importance, students will have the opportunity to explore and analyze critically contemporary Greece. They will discover unknown aspects of a culture that remains resilient to regional and international challenges.

Students will develop a basic familiarity with the Greek language by learning some daily expressions and discovering a plethora of Greek words used in various languages to encode complex concepts and scientific terms. They will learn about the life and achievements of important Greeks in the fields of art, literature, science, politics, sports and economics. They will be also introduced to the secrets of Mediterranean and Greek cuisine and will observe how Greeks use their local products in their diet and how they preserve their cultural traditions in various aspects of their lives.

While most part of the coursework -lectures and excursions- will be offered in Athens, the course includes several educational excursions around Attica, and the Peloponnese. Furthermore, a three-day trip will take the class to some of the most picturesque regions of Peloponnese such as the historic city of Kalamata and Pylos in Messinia, the world famous ancient Greek theatre in Epirus, and the oracle in Delphi.

Thus, students will have the opportunity to compare a variety of landscapes and lifestyles: the vivid rhythms of a European multicultural metropolis and the relaxing atmosphere of coastal towns and mountain villages the East meets the West and where history and tradition coexist with the beautiful Mediterranean nature. Major learning outcomes of the course, include:

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- Understanding of the connection and continuity between ancient and modern Greece.
- Exploring the impacts of global and regional challenges such as the ongoing financial and refugee crisis, to Greek society and lifestyle.
- Familiarity with famous Greeks and key events in recent Greek history.
- Understanding of the enduring influence and the vast contributions of the Greeks in fields such as culture, economy, politics, science, arts, sports, theatre and cuisine.
- Developing intercultural awareness by understanding the western and eastern influences. of the Greek civilization as well as the cultural exchanges between Greeks and their neighbours.

### **3. Assessment**

Includes a test based on topics that will be covered in lectures and readings; a reflection paper or presentation based on class visits and the students' experiences and observations; a research paper based on themes discussed throughout the course. Readings and paper guidelines will be available before the beginning of the course.

- Group Presentation (10%): Group Presentations A on May 31, Group Presentations B on June 7, and Group Presentations C On June 14
- Test (25 %): June 21
- Reflection paper (25%): June 23
- Research/Position Paper (30%): July 10
- Participation (10%): Based on the overall performance and coursework

### **4. Methodology**

The course blends conventional and experiential learning. It includes lectures, discussions, and presentations by the course instructor, students, and guest speakers, as well as guided tours and interaction with Greek academics and other professionals. Students will have the opportunity to work independently or collaborate in groups. Lectures will take place in class between Monday and Wednesday. On Thursday and Friday learning takes place outside the classroom with visits to various sites in Athens and surrounding areas.

### **5. Course Outline**

#### **5.1 Modules**

- A. Greece Today: Priorities and challenges in today's society, economy, education, and politics.
- B. Prominent Greeks: Significant contributions by individuals and organizations in preserving and promoting Greek culture and values.
- C. Cuisine: Introduction to Greek products and the Mediterranean diet.
- D. Culture: Language, literature, religion, history, music, arts, science, traditions.

#### **5.2 In-class lectures**

- A1. Introduction to Greek geography, culture, religion, and the Modern Greek alphabet
- A2. Introduction to recent Greek history and useful everyday phrases in Greek

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A3. Greek politics, economy and the “National Greek Issues”

B1. Greeks in the Arts, Science, Sports and Entertainment (e.g., Maria Callas, Melina Merkouri, Theo Angelopoulos, George Papanikolaou, Yannis Antetokounmpo).

B2. Greek Literature and Music: Cavafy, Kazantzakis, Seferis, Elytis, Ritsos, Tsitsanis, Chatzidakis, Theodorakis.

B3. Politicians and Benefactors: Kapodistrias, Venizelos, Karamanlis, Papandreou, Onassis, Niarchos

C1. Made in Greece: Olive oil, mastic, feta, yogurt, herbs, fruits and vegetables, seafood, well-known Greek dishes

C2. Food and tradition: Ancient, Byzantine, and Modern Greek gastronomy/ from fasting to feasting; major holidays and unknown-local Greek dishes

D1: The Greek economy and social life/ hospitality and tourism

D2. Greek Diaspora and Naval Tradition/ life in the Greek islands

### 5.3 Sites/ Excursions/ Field trips (in alphabetical order)

**Acropolis of Athens:** A sacred rock with ancient temples considered the important monuments of Western civilization

More info: <http://www.acropolisofathens.gr/aoa/>

**Acropolis Museum:** an archaeological museum focused on the findings of the archaeological site of the Acropolis of Athens.

More info: <https://www.theacropolismuseum.gr/en>

**Benaki Museum:** Dating back to antiquity and the Byzantine period, the Benaki Museum collection gives a captivating overview of Greek history throughout the ages.

More info: <https://www.benaki.gr/index.php?lang=en>

**Castle of Methoni:** Built by the Venetians in the early 13th century on a rocky promontory, the castle of Methoni is among the largest ones in the Mediterranean.

More info: <https://www.visitgreece.gr/experiences/culture/archaeological-sites-and-monuments/the-castle-of-methoni/>

**Delphi:** The pan-Hellenic sanctuary of Delphi was indeed the religious centre and symbol of unity of the ancient Greek world.

More info: <https://whc.unesco.org/en/list/393/>

**Dionysus Theatre:** a major theatre in Athens, considered to be the world's first theatre, built at the foot of the Acropolis

More info: <https://www.britannica.com/topic/Theatre-of-Dionysus>

**Epidaurus:** one of the most popular archaeological sites in Greece. Located on the northeastern side of Peloponnese, Epidaurus is mostly famous for its Ancient Theatre. This theatre was constructed in the late 4th century BC to host religious ceremonial events in honor of god Asclepius.

More info:

[http://www.visitgreece.gr/en/culture/world\\_heritage\\_sites/sanctuary\\_of\\_asklepios\\_at\\_epidaurus](http://www.visitgreece.gr/en/culture/world_heritage_sites/sanctuary_of_asklepios_at_epidaurus)

**European Bread Museum:** Guided tour in the bread museum and the folk art museum; participation in a workshop on making bread and preparing traditional decorative breads that will be baked.

More info: <https://mouseio-psomiou.com/the-museum/>

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**Greek Parliament:** At Syntagma square, in the centre of Athens an austere Neoclassical building facing the Tomb of the Unknown Soldier houses the Parliament of Greece.

More info: <https://www.hellenicparliament.gr/en/>

**Isthmus Canal:** One of the most important projects of modern Greece, the canal of the Isthmus of Corinth, was completed 25 centuries after the conception of its idea.

More info: <http://aedik.gr/the-canal/the-history-of-the-canal/?lang=en>

**Kalamata:** The capital and central port of Messinia, Kalamata is wealthy urban centre in the South Peloponnese.

More info: <https://www.visitgreece.gr/mainland/peloponnese/kalamata/>

**Karaiskakis Stadium:** The Georgios Karaiskakis Stadium, is a football stadium in Piraeus, Attica, Greece, and the home ground of the Piraeus football club Olympiacos. With a capacity of 32,115, it is the largest football-only stadium and the second largest football stadium overall in Greece.

More info: <https://www.stadiumguide.com/karaiskaki/>

**Lycabettus Hill:** The highest point of Athens offering the best view to the city.

More info: <https://whyathens.com/lycabettus-hill/>

**Marathon:** A town in Greece and the site of the Battle of Marathon in 490 BCE, in which the heavily outnumbered Athenian army defeated the Persians. That's when and where the first marathon run in history took place.

More info: <https://www.greekboston.com/category/marathon/>

**Melasoil:** MelaSoil is an olive-oil plant based in Lygourio, next to the Ancient Theater of Epidaurus.

More info: <https://melasoil.gr/>

**Methoni:** The village of Methoni lies on the tip of the westernmost leg of Peloponnese, and famous for the historical Castle of Methoni built by the Venetians in 13<sup>th</sup> century.

More info: <https://www.feelgreece.com/en/methoni-village>

**Nafplio:** One of the most beautiful towns in in eastern Peloponnese, Nafplio was the first capital of modern Greece between 1823 and 1834.

More info: <http://www.visitnafplio.com/>

**Niokastro:** Niokastron is a castle built in the 15<sup>th</sup> century, on the Bay of Navarino, overlooking the town of Pylos.

**Kokotos Winery:** It is an exceptional winery close to Athens.

More info: <https://kokotosestate.gr/en/about/>

**Pallamidi Fortress:** The fortress of Pallamidi in Nafplio is a true architectural masterpiece. built during the Venetian occupation in the early 19<sup>th</sup> century.

More info: <https://www.kastra.eu/castleen.php?kastro=palamidi>

**Panathenaic Stadium (a.k.a. Kallimarmaro):** a multi-purpose stadium in Athens. One of the main historic attractions of the city where the first modern Olympic games took place; it is the only stadium in the world built entirely of marble.

More info: <https://whyathens.com/the-panathenaic-stadium/>

**Peloponnese:** Peloponnese is the most popular region of the Greek mainland. It hosts the most important archaeological sites of Greece, including Olympia, Epidaurus, and Mycenae.

More info: <https://www.greeka.com/peloponnese/>

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**Pylos:** The beautiful seaside town of Pylos is on the southwest coast of Peloponnese, in a large bay known as Navarino Bay.

More info: [https://www.odysseyadventures.ca/articles/mycenae/article\\_mycenae02-pylos.html](https://www.odysseyadventures.ca/articles/mycenae/article_mycenae02-pylos.html)

**Stavros Niarchos Foundation Cultural Center (SNFCC):** A public space, where everyone has free access and can participate in a multitude of cultural, educational, athletic, environmental, and recreational activities and events. It includes the Greek National Opera, the National Library of Greece as well as the Stavros Niarchos Park, one of the largest green areas in Athens.

More info: <https://www.snfcc.org/en>

**Victoria Karelias Collection of Traditional Greek Costumes:** One of the most comprehensive collections of Greek traditional costumes in Greece.

More info: <https://vgkareliascollection.com/en/>

### 6. Course Calendar: May 29 – June 24, 2023

Please note that for various reasons daily course activities could be rescheduled. While in Greece, make sure to check the course announcements on Quercus, daily!

- Pre-Departure Meeting (90 min.): TBA  
Discussion of syllabus, predeparture readings, first assessment, Q&A

#### WEEK ONE

##### 1. Monday, May 29

11:00-14:00 Meet and assist at the airport by CYA staff

14:00 Bus transfer to CYA

15:00-16:00 Check-in CYA apartments

18:30 Meet at CYA – Neighborhood walk by CYA staff

19:00 Welcome dinner in a neighborhood restaurant arranged by CYA

##### 2. Tuesday, May 30

Class 09:00-12:00: lecture

13:00-14:30 Orientation Session by CYA Staff

##### 3. Wednesday, May 31

Class 09:00-12:00: lecture **GROUP PRESENTATIONS A (10%)**

##### 4. Thursday, June 1 (Day trip)

AM Visit the Acropolis Museum – On-site lecture by CYA faculty

AM Visit the Acropolis & Dionysus Theater – On-site lecture by CYA faculty

##### 5. Friday, June 2 (Day trip)

AM (TBA) Bus departs for Delphi

Visit the archaeological site and museum of Delphi – On-site lecture by CYA faculty

PM (TBA) Return to Athens

##### 6. Saturday, June 3

Free day (Optional visit to Panathinaiko Stadium and Lycabettus Hill).

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### 7. Sunday, June 4

Free day

## WEEK TWO

### 8. Monday, June 5

Class 09:00-12:00: lecture

Optional: Evening cultural group activity

### 9. Tuesday, June 6

Class: 09:00- 12:00 Lecture

16:30-19:00 Cooking Class, group A (12 students), followed by dinner at CYA

### 10. Wednesday, June 7

Class: 09:00-12:00 Lecture & Guest speaker **GROUP PRESENTATIONS B (10%)**

16:30-19:00 Cooking Class, group B (12 students), followed by dinner at CYA

### 11. Thursday, June 8 (Day trip)

AM free (optional visit to the local farmer's market for shopping)

15:00 Bus departs for Sounio

17:00-19:00 Swim and snack at the beach under the temple

19:30-20:45 Visit the Temple – On-site lecture by CYA Faculty

21:00 Bus departs for Athens

22:30 Estimated arrival in Athens

### 12. Friday, June 9

08:30 Bus departs for the Bread Museum - Bread workshop

Lunch in the museum arranged by CYA

13:00 Bus departs for Oinotria Gaia or Kokotos Winery (Wine tasting)

PM (TBA) Return to Athens

### 13. Saturday, June 10

Free day

### 14. Sunday, June 11

Free day

## WEEK THREE

### 15. Monday, June 12

Class: 09:00-12:00 Lecture

### 16. Tuesday, June 13

Class: 09:00-12:00 Lecture & Guest speaker

### 17. Wednesday, June 14

Class: 09:00-12:00 Lecture **GROUP PRESENTATIONS C (10%)**

### 18. Thursday, June 15

AM (TBA) Benaki Museum – On-site lecture by CYA Faculty

Visit to National Garden

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(TBA) Visit the Greek Parliament – Guided Tour by Parliament Staff

### **19. Friday, June 16 (Three-day trip)**

08:00 Bus departs for Melasoil - short stops on the way (lunch on your own)

10:30 Visit Melasoil - with small snack

12:00 Visit Epidaurus

14:00 Lunch in Nafpilo

16:30 Bus departs for Kalamata

19:00 Check-in hotel in Kalamata

Night in Kalamata

### **20. Saturday, June 17**

Am (TBA) Bus departs for Pylos

Visit Niokastro

Am Bus departs for Methoni

Visit Castle of Methoni

Lunch in Pylos (on your own)

Night in Kalamata

### **21. Sunday, June 18**

Am (TBA) Visit Karelias Collection of Traditional Greek Costumes

PM (TBA) Return to Athens

Night in Athens

## WEEK FOUR

### **22. Monday, June 19**

Class: 09:00-12:00 Lecture

PM (TBA) Optional: Film night- Athens open air movie theatre

### **23. Tuesday, June 20**

Class: 09:00-12:00 Lecture & Guest speaker (TBA)

### **24. Wednesday, June 21**

Class: 09:00-12:00 Lecture **Test 25%**

17:00 Greek Dancing Lesson

### **25. Thursday, June 22 (Day trip)**

09:00 Bus departs for Marathon

10:30 Visit the Marathon tomb – On-site lecture by CYA Faculty

12:00 Lunch and swim break at Nea Makri

15:30 Bus departs for Athens

16:30 Estimated return to Athens

Night in Athens

### **26. Friday, June 23**

AM free

17:15 Bus departs for SNFCC

18:00 Informative session on the SNFCC by SNFCC staff

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18:20-20:00 Free time in the park

Night in Athens

**27. Saturday, June 24 REFLECTION PAPER DUE (25%)**

11:00 Check out CYA Apartments

**End of Program**

**POSITION PAPER DUE JULY 10 (30%)**

### 7. Bibliography-Readings

#### A. READINGS BEFORE DEPARTURE

Greece (Required)

**Module:** Greece Today, Greek Society

**Topic:** Geography, geology, economy, history, society, arts, education, etc.

**Authors:** John Frederick Haldon, Loring Danforth, Richard Ralph Mowbray Clogg, John S. Bowman, The Editors of Encyclopaedia Britannica

**Publication:** Encyclopaedia Britannica

**URL:** <https://www.britannica.com/place/Greece>

*Recommended*

Kalyvas, S. (2015). *Modern Greece: What Everyone Needs to Know*. Oxford: Oxford University Press

#### B. READINGS OF WEEK 1

*Check daily the course announcements on Quercus for additional notes, readings, and videos*

Babiniotis, G. (2006). *The Greek Language. Diachronic Evolution and Present. Its Role in the European Union*

**Modules:** Greece Today

**Topic:** Greek Language

**Author:** George Babiniotis, Linguist, University of Athens

**Publication:** <https://babiniotis.gr/>

Chatzidakis, M. (2016). *Street art conservation in Athens: Critical conservation in a time of crisis*

**Modules:** Greek Society, Greece Today

**Topic:** Street art in Athens

**Author:** Maria Chatzidakis, Department of Conservation of Antiquities & Works of Art, Technological Educational Institute of Athens, Athens, Greece

**Publication:** *Studies in Conservation*, 61:sup2, 17-23, DOI: 10.1080/00393630.2016.1201757

**URL:** <https://doi.org/10.1080/00393630.2016.1201757>

Georgakopoulos, T. (2017). *What Greeks believe*

**Module:** Greece Today



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**Topic:** Survey on Greek people beliefs about various contemporary societal, cultural and political challenges

**Author:** Thodoris Georgakopoulos, journalist, writer.

**Publication:** DiaNEOsis

**URL:** <https://www.dianeosis.org/en/2017/04/greeks-believe-in-2017/>

Liakos, A. (2007). Historical Time and National Space in Modern Greece. Historical Time and National Space in Modern Greece

**Module:** Greece Today

**Topic:** Modern Greek national history

**Author:** Antonios Liakos

**Publication:** Hayashi Tadayuki and Hiroshi Fukuda (Eds) Regions in Central and Eastern Europe: Past and Present, Sapporo, Slavic Euroasian Studies 15, 2007, 205-227

**URL:** [http://src-h.slav.hokudai.ac.jp/coe21/publish/no15\\_ses/11\\_liakos.pdf](http://src-h.slav.hokudai.ac.jp/coe21/publish/no15_ses/11_liakos.pdf)

Plantzos, D (2017). Caryatids lost and regained: Rebranding the classical body in contemporary Greece

**Module:** Greek Society, Greece Today

**Topic:** Classical Culture in contemporary Greece

**Author:** Dimitris Plantzos National and Kapodistrian University of Athens

**Publication:** Journal of Greek Media & Culture Volume 3 Number 1

**URL:**

<https://www.ingentaconnect.com/content/intellect/jgmc/2017/00000003/00000001/art00001>

Simopoulos, A. P. (2001). The Mediterranean Diets: What Is So Special about the Diet of Greece? The Scientific Evidence

**Module:** Greek Cuisine

**Topic:** Mediterranean diet

**Author:** Artemis P. Simopoulos

**Publication:** American Society for Nutritional Sciences.

Trichopoulou, A., Vasilopoulou, E. (2000). Mediterranean diet and longevity. British Journal of Nutrition, 84 (S2), S205-S209. doi:10.1079/09658219738855

Module: Greek Cuisine

Topic: Mediterranean diet

Author: Trichopoulou, A., Vasilopoulou, E

Publication: British Journal of Nutrition

### **C. READINGS OF WEEK 2**

*Check daily the course announcements on Quercus for additional notes, readings, and videos*

Critchley, S. (2019). Athens in Pieces: The Happiest Man I've Ever Met.

**Modules:** Greek Society, Greece Today

**Topic:** A story about Greece's monasteries and what is like to be a monk

**Author:** Simon Critchley: philosophy professor and author.

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**Publication:** NY Times, online edition

**URL:** [https://www.nytimes.com/2019/04/03/opinion/mount-athos-monks.html?rref=collection%2Ftimestopic%2FGreece&action=click&contentCollection=world&region=stream&module=stream\\_unit&version=latest&contentPlacement=3&pgtype=collection](https://www.nytimes.com/2019/04/03/opinion/mount-athos-monks.html?rref=collection%2Ftimestopic%2FGreece&action=click&contentCollection=world&region=stream&module=stream_unit&version=latest&contentPlacement=3&pgtype=collection)

Kiortsi, F., Mavroidis, K. (2019). Kostas Gavras on Tragedy, Power and Filmmaking in Greece

**Module:** Great Greeks

**Topic:** Greek cinema

**Author:** Florentia Kiortsi, Kostas Mavroidis

**Publication:** Greek News Agenda

**URL:** <http://www.greeknewsagenda.gr/index.php/interviews/filming-greece/6955-kostas-gavras-on-tragedy,-power-and-filmmaking-in-greece>

Maltezou, R., Georgiopoulos, G. (2019). Greek parliament calls on Germany to pay WW2 reparations

**Module:** Greece Today

**Topic:** Greek national issues, WWII reparations

**Author:** Renee Maltezou, George Georgiopoulos

**Publication:** Reuters

**URL:** <https://www.reuters.com/article/us-greece-germany-reparations/greek-parliament-calls-on-germany-to-pay-ww2-reparations-idUSKCN1RT1PL>

Norris, M (2019). Greek to Me: The Comma Queen on the pleasures of a different alphabet

**Module:** Greece Today

**Topic:** Greek language

**Author:** Mary Norris (author, journalist)

**Publication:** New Yorker, January 14, 2019 issue/ headline “To the Letter.”

**URL:** <https://www.newyorker.com/magazine/2019/01/14/greek-to-me>

Tsilimpounidi, M. (2015). “If These Walls Could Talk”: Street Art and Urban Belonging in The Athens of Crisis

**Module:** Greek Society, Greece Today

**Topic:** Street art in Athens

**Author:** Myrto Tsilimpounidi, social researcher, photographer, Department of Social and Political Thought, University of Sussex, Brighton, UK.

**Publication:** Laboratorium. 2015. 7(2):71–91

**URL:** Quercus/readings

Varvarrigou, M. (2019). Remembering Melina – 25 Years After

**Module:** Great Greeks

**Topic:** Melina Merkouri

**Author:** Mariana Varvarrigou

**Publication:** Greek News Agenda

**URL:** <http://www.greeknewsagenda.gr/index.php/topics/culture-society/6945-remembering-melina>

**D. READINGS OF WEEK 3**

*Check daily the course announcements on Quercus for additional notes, readings and videos*

Georgakopoulos, T. (2016). Greeks and the Refugee Problem

**Module:** Greece Today

**Topic:** The refugee crisis, Greek society

**Author:** Thodoris Georgakopoulos, journalist, writer.

**Publication:** DiaNEOsis

**URL:** <https://www.dianeosis.org/en/2016/02/study-greeks-refugee-problem/>

Greek News Agenda (2019). Between a “glorious past” and an “authentic present”: a brief overview of tourism in modern Greece

**Module:** Greece Today

**Topic:** Tourism, economy

**Author:** Greek News Agenda

**Publication:** Greek News Agenda

**URL:** <http://www.greeknewsagenda.gr/index.php/topics/culture-society/6969-tourism-modern-greece>

INSETE (2017). Contribution of Tourism to the Greek Economy 2016-2017.

**Module:** Greek Society, Greece Today

**Topic:** Tourism, Economy

**Author:** INSETE

**Publication:** insete.gr

**URL:** [http://www.insete.gr/portals/0/meletes-INSETE/01/2018\\_SymvolhTourismou-2017\\_EN-Summary.pdf](http://www.insete.gr/portals/0/meletes-INSETE/01/2018_SymvolhTourismou-2017_EN-Summary.pdf)

Papandreou, N. (2003). Growing Up Bilingual

**Module:** Greece Today

**Topic:** Greek as a second language

**Author:** Nikos Papandreou

**Publication:** Pantheon Books, Essay for Collection Entitled: The Genius of Language

**URL:** <http://npapandreou.gr/en/83/>

Livaditi, I. (2017). Rethinking Greece: George Prevelakis on Contemporary Hellenism as a “cultural sediment” linking Europe with the emerging multipolar world

**Module:** Greece Today

**Topic:** Greek geopolitical condition

**Author:** Ioanna Livaditi

**Publication:** Greek News Agenda

**URL:** <http://www.greeknewsagenda.gr/index.php/interviews/rethinking-greece/6346-georges-prevelakis>

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### Additional Sources on Greek Cuisine

Meneley, Anne. "Like an Extra Virgin." *American Anthropologist* 109, no. 4 (2007): 678–87.  
<http://www.jstor.org/stable/27563819>.

### An Introduction to Greek Food and Greek Cooking

**Module:** Greek cuisine

**Topic:** Greek cuisine

**Author:** [thespruceeats.com](http://thespruceeats.com)

**Publication:** [thespruceeats.com](http://thespruceeats.com)

**URL:** <https://www.thespruceeats.com/greek-food-history-1705413>

### Greek Gastronomy Website

**Module:** Greek Cuisine

**Topic:** Greek Products

**Authors:** George Pitas, Bilio Tsoukala

**Publication/ URL:** <http://www.greekgastronomyguide.gr/en/>